

Adult Programming

All Adult Programs run on a fiscal year from July 1st through June 30th.

Programming prices are as follows unless otherwise noted:



RESIDENTS

- 1 PROGRAM \$25/FISCAL YEAR 7/1-6/30
- 2 PROGRAMS \$40/FISCAL YEAR 7/1-6/30
- 3 PROGRAMS \$60/FISCAL YEAR 7/1-6/30

NON-RESIDENTS EFFECTIVE 10/1/12

- 1 PROGRAM \$35/FISCAL YEAR 7/1-6/30
- 2 PROGRAMS \$65/FISCAL YEAR 7/1-6/30
- 3 PROGRAMS \$95/FISCAL YEAR 7/1-6/30

Harwich Recreation Adult Winter Programs 2014-15

PAYMENT:

CHECK OR MONEY ORDER ONLY
PAYABLE TO "TOWN OF HARWICH,"
PAYMENT IS EXPECTED AT THE TIME OF REGISTRATION.



RETURNED CHECKS:

THERE WILL BE A \$25 ADDITIONAL FEE FOR CHECKS RETURNED BY THE BANK.

PLEASE NOTE THAT THESE PROGRAMS ARE NOT MONITORED BY STAFF ON A WEEKLY BASIS AND THE RECREATION DEPARTMENT RELIES ON REGISTERED PARTICIPANTS TO POLICE THEMSELVES.

THE RECREATION AND YOUTH DEPARTMENT RESERVES THE RIGHT TO CANCEL DAYS AND/OR NIGHTS THROUGHOUT THE YEAR DUE TO HOLIDAYS, SCHOOL VACATIONS AND SPECIAL EVENTS INCLUDING BUT NOT LIMITED TO TOWN MEETINGS, ELECTIONS, ECT...



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Adult Daytime Programs

- Adult Tennis** - Mondays 10:30am-12:00pm
- Over 55 Basketball** - Mondays 12:30-2:00pm
- Ping Pong** - Mondays 10:00am - 12:00pm
- Senior Volleyball** - Tuesdays 11:00am-1:00pm
- Ping Pong** - Wednesdays 10:00am - 12:00pm
- Pickle Ball** - Wednesdays 11:00am-12:30pm
- Over 55 Basketball** - Wednesdays 12:30-2:00pm
- Ping Pong** - Thursdays 10:00am - 12:00pm
- Adult Tennis** - Thursdays 10:30am - 12:00pm
- Senior Volleyball** - Fridays 11:00am -1:00pm
- Over 55 Basketball** - Fridays 1:00 - 2:30pm

*Program Times May Change Slightly with each Season

Adult Evening Programs

- Mondays
- Indoor Pickle Ball** 7:30 - 9:30pm
- Tuesdays
- Indoor Field Hockey** 7:30 - 9:30pm
- Thursdays
- Adult Volleyball** 7:30 - 9:30 pm
- Fridays
- Indoor Pickle Ball** 7:00 - 9:00pm

Seasonal Specials

Turbo Tennis

Fast paced tennis drills to great music
All levels of ability, warm-up stretches,
plenty of drills and cool down.

Mondays & Wednesdays 6:30 - 7:45am
12/1 12/3 12/8 12/10 12/15 12/17
\$25 / 6 Classes

(Look for Session 2 dates in mid January)



Flashback Fitness

Jump Rope, Twist, Dance and Hula Hoop!
Jump ahead of the holiday calories & back to your
youthful figure! A fun way to get in shape and stay
in shape. Great music from the 60's, 70's & 80's!

Tuesdays & Thursdays 7 - 8 am
12/2 12/4 12/9 12/11 12/16 12/18
\$20 / 6 Classes

